

Past Student Spotlight

Jessica Wilson (2014)



I grew up in St George where I attended St Patrick's Primary School and then St. George State High School where I graduated and was School Captain in 2014. I will always remember the incredible teachers, support and education I had throughout my time at St George State High School. I also made lifelong memories and friends here.

I moved to the Sunshine Coast in 2015 to attend The University of the Sunshine Coast (USC) where I completed a Bachelor of Occupational Therapy (Honours). After graduating from USC in 2018, I was offered my first permanent occupational therapist position at a private practice in Maroochydore. Since graduating from university, I have worked as a community occupational therapist, mostly providing services to National Disability Insurance Scheme (NDIS) participants.

Lots of people don't know what an occupational therapist does, the scope is broad and the role can vary across different settings. My area of practice and main interest has been working with people with neurological conditions (such as brain injuries, MND, MS and Parkinson's Disease) to help improve their ability to participate in everyday activities and enhance their quality of life. This can involve, prescribing equipment such as wheelchairs, designing home modifications such as accessible bathrooms, providing strategies to help with thinking and memory, and providing carer education.

I am now based in Buderim at a private practice in a senior occupational therapist role, supervisory role and the Clinical Training & Professional Development Coordinator for a team of 14 occupational therapists. My job is very rewarding and I am very lucky to love what I do!

Jess Wilson